



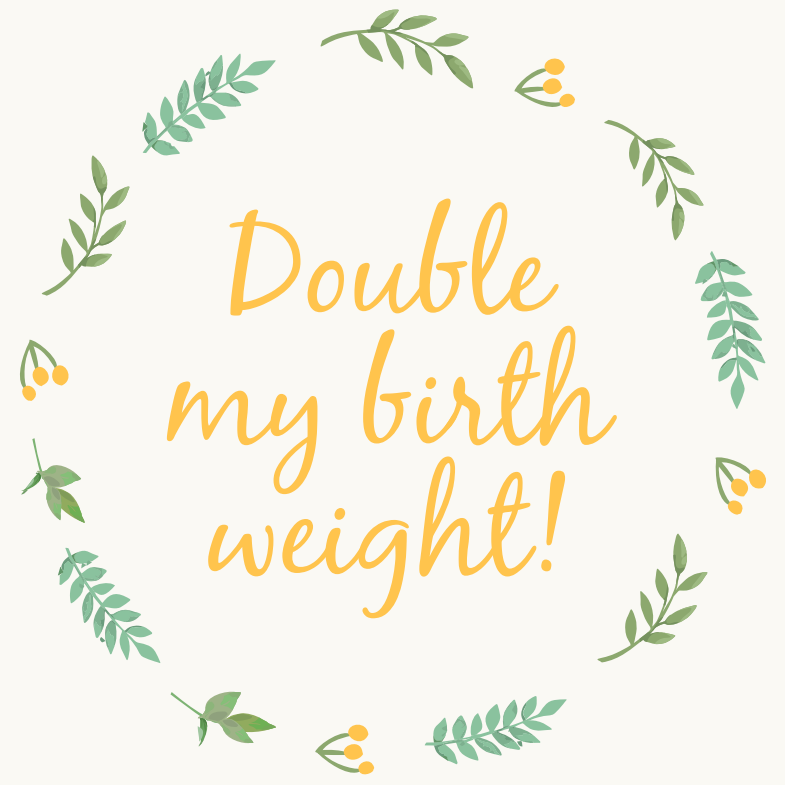
Welcome
TO THE
World

I HAVE ARRIVED
___ WEEKS EARLY!

1kg
party
♥

2kg
party
♥

3kg
party
♥



Double
my birth
weight!

1

WEEK OLD.

Technically
_____ weeks

2

WEEKS OLD.

Technically
_____ weeks

3

WEEKS OLD.

Technically
_____ weeks

4

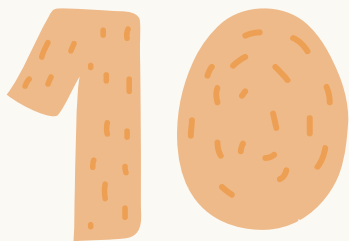
WEEKS OLD.

Technically
_____ weeks



WEEKS OLD.

Technically
_____ weeks



WEEKS OLD.

Technically
_____ weeks

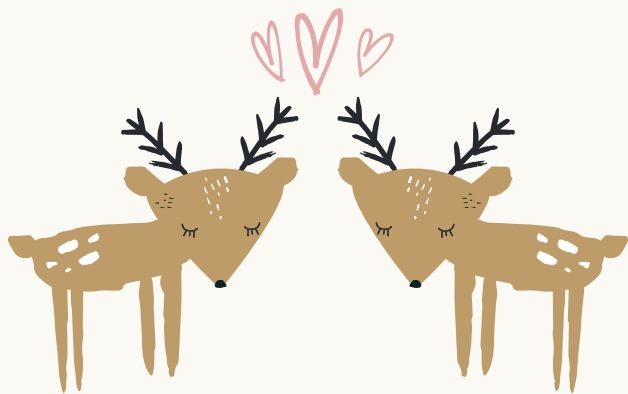
15

WEEKS OLD.

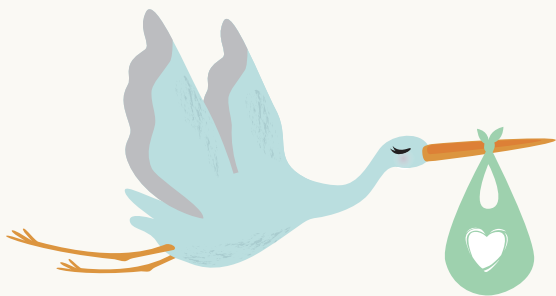
Technically
_____ weeks



It's
FINALLY
my due date!



Today I met
my _____



HOME TIME!

After ___ days
in hospital

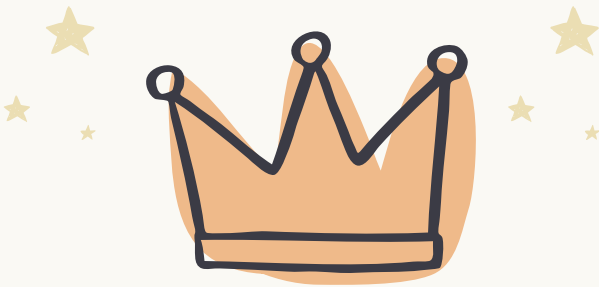


*I can wear
clothes now!*



My first sleep
at home





*I'm a NICU
graduate*



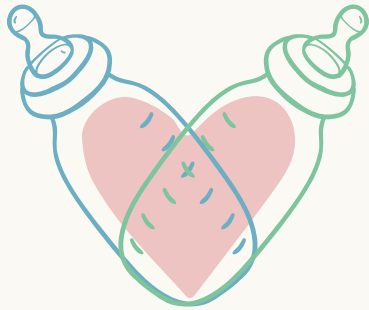
*Tonight i'm
rooming in*



My first bath



*My
first breast
feed*



*My first
bottle feed*



*My first
kangaroo
cuddle*

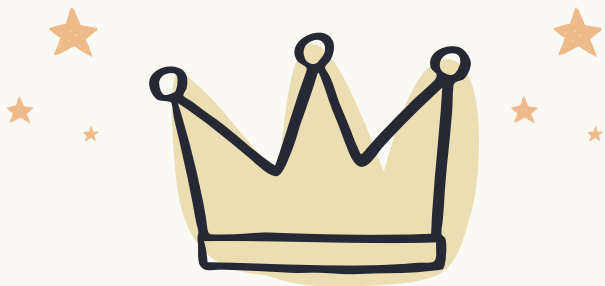


Breathing all
by myself




*First snuggle
with my twin*





Graduated
the ventilator



No more
CPAP for
me



Our first
family photo



Goodbye
feeding
tube



*My first
cuddle with
Mum*



My first
cuddle with
Dad



My first
sleep in an
open cot

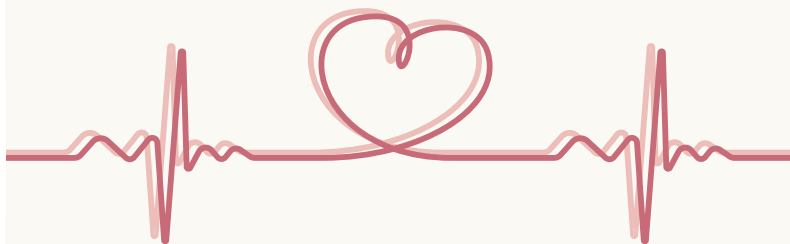




*My first
time outside*



I'm a star,
first surgery
completed!



Wire free,
no more monitoring
for me





Today I
weigh _____
grams

Date:

Weight:

Gestation:

Age:



tiny sparks wa



Neonatal
November



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